

ASSOCIATE

MARTHA M. ROYSTON

Martha M. Royston is an Associate in the Litigation Department and the Labor and Employment Practice Group of Murtha Cullina LLP. She represents employers in a wide variety of cases, including claims of discrimination and retaliation; breach of non-compete and restrictive covenants; and wage and hour violations. Client industries currently include education, health care, long-term care, and retail.

Martha has extensive experience litigating matters before the Commission on Human Rights and Opportunities (CHRO) and in state and federal court. She also assists employers with audits and investigations by governmental agencies such as the Connecticut Department of Labor (CT DOL) and the Occupational Safety and Health Administration (OSHA).

In addition, Martha counsels employers on best practices and helps management and human resources professionals navigate personnel issues, including employee discipline; termination and separation; employee leave; and reasonable accommodations. She regularly drafts employee handbooks and assists employers with crafting personnel policies that suit their particular needs.

Recognition

- 2020 New Leader in the Law Award, Connecticut Law Tribune
- New England and Connecticut Super Lawyers "Rising Star for Employment Law"

Memberships

- Secretary, Connecticut Bar Association Labor & Employment Section
- Executive Committee, Greater New Haven Chamber of Commerce Human Resource Council
- Executive Committee, New Haven County Bar Association
- Co-Chair, Pro Bono Committee, New Haven County Bar Association
- Member, New Haven Inn of Court

Community Activities

- Founding Organizer, DisruptHR, Hartford Chapter
- Board of Governors, New Haven Lawn Club



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BAR & COURT ADMISSIONS

Connecticut

U.S. District Court, District of Connecticut

U.S. District Court, Southern District of New York

U.S. District Court, Eastern District of New York

EDUCATION

Boston College Law School
(J.D., 2014)

Bowdoin College (B.A., 2008)

PRACTICE AND INDUSTRIES

Labor and Employment

Litigation